

Phone Times

Monday – Friday :

- 11:30am – 1:30pm
- 3:30pm – 4:30pm
- 8:00pm – 10:00pm
- ***Fri: 11:00pm**

8-10

~~1130-1330~~

~~1530-1630~~

2-4

2000-2200

Saturday – Sunday :

- 11:30am – 4:30pm
- 8:00pm – 11:00pm
- ***Sun: 10:00pm**

0530 Staff Q's

0900 Staff help
w/ goals
of business

1000 Group

1100 Chores
← PHONE/LAPTOP

1400 Chores

← PHONE/LAPTOP

1830 Dinner

← PHONE/LAPTOP



20240128 - 20240211

Zero assistance beyond some cheap groceries & a room that could shelter three people.

Maison Michelle de Courville Nicol/ MdeCN

Ch, and an anti-Charter gag order / signed under duress. *mm*

Heure/Hour	Lundi Monday	Mardi Tuesday	Mercredi Wednesday	Jeudi Thursday	Vendredi Friday	Heure/Hour	Samedi Saturday	Dimanche Sunday
6h00 - 7h30	Wake up Organize Room	Wake up Organize Room	Wake up Organize Room	Wake up Organize Room	Wake up Organize Room			
6h00 - 7h30	Medication	Medication	Medication	Medication	Medication	6h00 - 7h30	Medication	Medication
7h30 - 8h00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	8h00 - 8h30	Wake Up Organize Room	Wake Up Organize Room
8h00 - 9h00	Free Time	Free Time	Free Time	Free Time	Free Time	8h30 - 9h30	Room Checks	Room Checks
9h00-10h00	Personal Programming <i>ie/ no TV</i>	Personal Programming	Personal Programming	Personal Programming	Personal Programming	9h30 - 10h30		Group Session
10h00 - 11h00	Group Session /House Meeting <i>ie/ watch 2 TED talk & discuss</i>	Group Session	Group Session	Group Session	Group Session	9h00 - 9h30	Breakfast	Breakfast
11h00 - 12h00 11h00 - 12h30	Chores Medication	Chores Medication	Chores Medication	Chores Medication	Chores Medication	10h30 - 11h30 11h00 - 12h30	Chores Medication	Chores Medication

Heure/Hour	Lundi Monday	Mardi Tuesday	Mercredi Wednesday	Jeudi Thursday	Vendredi Friday	Heure/Hour	Samedi Saturday	Dimanche Sunday
13h00 – 14h00	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	13h00 – 15h00	Weekend Outing	Weekend Outing
14h00 – 15h00	Chores	Chores	Chores	Chores	Chores			
15h00 – 18h00	Free Time TV TIME Medication	Free Time TV TIME Medication	Free Time TV TIME Medication	Free Time TV TIME Medication	Free Time TV TIME Medication	15-18h00	Free Time TV TIME Medication	Free Time TV TIME Medication
18h00-18h30	Dinner	Dinner	Dinner	Dinner	Dinner	18h00 – 19h00	Dinner	Dinner
18h30 – 19h00	Case Management clients (1-3) ??	Case Management clients (4-6) ??	Case Management clients (7-8) ??	Case Management clients (9-10) ??	Case Management clients (9-10) ??	19h00 – 20h00		
19h00 – 20h00	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME			
20h00 – 21h30	Free Time Medication	Free Time Medication	Free Time Medication	Free Time Medication	Free Time Medication	20h00 – 21h00	Free Time TV TIME Medication	Free Time TV TIME
21h30 – 22h30	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	Free Time TV TIME	19h30 – 20h30 20h00 – 22h00		Free Time Medication
22h30-23h00	In Bedroom Lights Out	In Bedroom Lights Out	In Bedroom Lights Out	In Bedroom Lights Out	In Bedroom Lights Out	21h00- 22h30	Free Time Medication	In Bedroom Lights Out
12h30 AM 1h00 AM						12h30 AM 1h00 AM	In Bedroom Lights Out	In Bedroom Lights Out