

## The Ottawa | L'Hôpital Hospital | d'Ottawa

December 24, 2018

Dear Deirdre Moore,

Thank you for your letter. My apologies, as I am unfortunately unable to answer the vast majority of the questions you requested, as they are outside my scope, and extend beyond the short time in which I was involved in your care.

I was briefly involved in your care during an initial psychiatric hospitalization from March 3-5, 2013. At that time, the diagnostic impression was felt to be in keeping with Bipolar disorder (manic features) and marital discord (relational tensions with spouse). Collateral information was obtained from your parents, and from your spouse at the time. For further details, the discharge summary is available through TOH Health Records, alongside subsequent assessments by other clinician colleagues in the years following.

In general, the diagnostic assessment is fundamentally based on the clinical interview and assessment with the patient. However, gathering collateral information from various sources (including collateral history from family members) is a routine and standard practice in medicine, including psychiatry. This is often essential in psychiatry, for addressing any safety concerns, alongside assisting with diagnostic clarification and determining a baseline.

I hope the above information is helpful,

Sincerely,

Daniel Saul MD, FRCPC

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