



November 15, 2018

Re: Deirdre Moore

To whom it may concern,

My name is Jessica Poloz. I am a Counsellor and Group Facilitator in the Women and Violence program at the Eastern Ottawa Resource Centre. My contact information is below.

Ms. Moore first accessed our program in February 2018, when she began meeting with a Violence Against Women Counsellor for individual support. Ms. Moore has attended nine in-person counselling sessions to date. Topics that have been addressed in counselling have included types of abuse, safety planning, impacts of violence on children and navigating the family court process.

Our program provides short-term counselling and support to women whose lives have been impacted by violence. Our counselling services are goal-focused and seek to improve women's emotional well-being and healing. Upon first meeting a client we assess the immediate needs of the person and work with them to identify goals of counselling, develop safety strategies and provide referrals linking clients to the services that would be appropriate for them. There is a psychoeducational piece to our counselling services where we provide women with information to assist them in identifying types of abuse, recognizing the warning signs of an abusive relationship, identifying barriers and breaking the cycle of violence.

It is not our practice to be used as witnesses for court purposes. We are not expert witnesses and we do not work with the whole family or provide family assessments. Therefore, for court purposes, we are limited to providing confirmation of types of services received, dates of services received and general topics that have been addressed in counselling.

Please see below for my responses to Ms. Moore's questions:

1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?

Yes.



- 2. Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?**

Yes.

- 3. Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?**

I cannot offer an opinion on this as I am not qualified to provide mental health assessments or diagnoses.

- 4. Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?**

I have had no contact with John Kiska and therefore cannot comment on this matter.

- 5. Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?**

I have had no contact with John Kiska and therefore cannot comment on this matter.

- 6. Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.**

I have had no contact with John Kiska and therefore cannot comment on this matter.

- 7. Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?**

Ms. Moore has addressed coping strategies in counselling. She has indicated that safety planning, documenting her concerns, connecting with community supports, physical exercise and self-care strategies such as ensuring her physical health needs are met have been useful in helping her cope with her experiences.

- 8. Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.**

We trust that the Office of the Children's Lawyer has done an assessment and will provide recommendations that they see fit the best interests of the children.



9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.

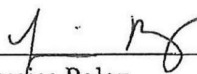
We are not qualified, prepared or mandated to do family assessments and make recommendations with regards to custody and access issues.

10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

When we are concerned about the emotional or physical safety of children we are required by law to report these concerns to the Children's Aid Society. We encourage women who are concerned about the impact of an abusive relationship on their children to connect with our Children's Counsellor for support.

Thank you for your time and consideration.

Sincerely,



Jessica Poloz

Counsellor and Group Facilitator

613-741-6025 ext. 124

JPoloz@eorc-creo.ca

cc Chantal Cadieux, Program Manager

deirdre.faff@gmail.com

From: Jessica Poloz <jpoloz@eorc-creo.ca>
Sent: November 15, 2018 9:39 AM
To: Deirdre Moore
Subject: RE: Will-Say Statement for Court
Attachments: Will-Say Statement D.M..pdf

Hi Deirdre,

Please see attached for a will-say statement that I have prepared.

I am going to leave it up to you to decide if you feel this will be useful for your trial. As we discussed, I am limited in the type of information I can provide in a court setting.

We can discuss further tomorrow during our meeting if you would like, or if you have additional questions or concerns.

See you tomorrow at 10:30.

Take care,

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: Tuesday, November 13, 2018 7:46 PM
To: Jessica Poloz <jessica.polo@eorc-creo.ca>
Subject: Will-Say Statement for Court

Hi Jessica.

I hope that all is well in your world. Mine is annoyingly busy as I am still unpacking and trying to deal with both the legal aspects and the day-to-day aspects of all that is Kiska.

As discussed, I am in the process of preparing for the upcoming trial where I intend to expose John Kiska for what he has done (and continues to do) to Sean and Cate and me for over six years.

In order to subpoena you to the trial, I must first retain a Will-Say statement from you and make it available to John's lawyer as well as the pre-trial judge. Attached you will find a list of 20 questions that I will be sending to four psychiatrists as endorsed by Justice Engelking on October 17, 2018. I have also attached part 1 of a 2-part list of documents that I refer to as "Overview". Kindly review both parts of the Overview as well as the 20 questions so that you are in a position to provide your Will-Say Statement.

In addition to the following questions, please include your name, position, role and contact information in your Will-Say Statement. The questions that I would like to pose to you are:

1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?
2. Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?
3. Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?

4. Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?
5. Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?
6. Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.
7. Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?
8. Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.
9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.
10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

Jessica, if there are other questions that you feel are important for me to ask while we are in Court, please do let me know and I will revise these questions accordingly.

Are you in a position to provide your Will-Say Statement to me by November 30th? Please do let me know at your earliest convenience.

Thank you for your help. (Overview - Part 2 of 2 will follow)
Deirdre Moore

ps. please let me know if you would like me to deliver to you a hard copy of the Overview and I will gladly provide one.



August 15, 2018

Re: Deirdre Moore

To whom it may concern,

Eastern Ottawa Resource Centre, Women and Violence program, offers support, short-term counselling and referrals to women who are, or who have been in an abusive relationship.

Ms. Moore first accessed our program in February 2018, when she began meeting with a Violence Against Women Counsellor for individual support. Ms. Moore has attended five in-person counselling sessions to date. Topics that have been addressed in counselling have included types of abuse, safety planning and impacts of violence on children.

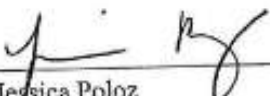
Ms. Moore has also discussed her hopes to provide education, outreach and support to other women who have experienced psychological and emotional abuse. She shared she has been proactive in reaching out to a variety of community organizations to identify the gaps in service in the Violence Against Women sector in the hopes of establishing her own not-for-profit organization or working for an existing one. One such gap that has been identified is a lack of awareness, understanding and resources for those who experience the more subtle forms of abuse, such as psychological and emotional abuse. Women affected by violence often have difficulty accessing services in a timely manner due to the high volume of clients requesting service and the subsequent lengthy waitlists. Ms. Moore herself has been on a waitlist for our Phase II support group for women for several months.

Longer-term and cost-effective community resources for women affected by all types violence are needed in the Ottawa area.

Should you have any questions regarding our services, please contact me at 613-741-6025 ext. 124.

Thank you for your time and consideration.

Sincerely,


Jessica Poloz
Counsellor and Group Facilitator

cc Chantal Cadieux, Program Manager



April 27, 2018

Re: Deirdre Moore

To whom it may concern,

Eastern Ottawa Resource Centre, Women and Violence program, offers support, short-term counselling and referrals to women who are, or who have been in an abusive relationship.

Ms. Moore first accessed our program in February 2018, when she began meeting with a Violence Against Women Counsellor for individual support. Ms. Moore has attended three in-person counselling sessions to date. Her next counselling appointment is scheduled for May 10, 2018. Ms. Moore has been attending counselling approximately once per month. Topics that have been addressed in counselling have included types of abuse, safety planning and impacts of violence on children.

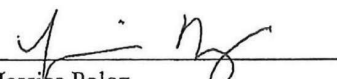
Ms. Moore stated that throughout the course of her relationship with her ex-husband she experienced psychological and emotional abuse. She expressed that she continues to be concerned for her safety post-separation, as she said her ex-husband has stalked and harassed her and has hacked her electronic devices. We have discussed her safety concerns in-depth and have explored power and control tactics such as legal bullying and gaslighting.

Ms. Moore has also discussed her job search during her counselling sessions and has shared her progress with the goals she has set for herself. A referral to Agilec for employment support was provided.

Should you have any questions regarding our services, please contact me at 613-741-6025 ext. 124.

Thank you for your time and consideration.

Sincerely,


Jessica Poloz
Counsellor and Group Facilitator

cc Chantal Cadieux, Program Manager

Deirdre Moore

From: Jessica Poloz <jpoloz@eorc-creo.ca>
Sent: August 17, 2018 11:27 AM
To: Deirdre Moore
Subject: Powerpoint
Attachments: Cybercrime draft (002).pptx

Hi Deirdre,



Please find attached the Powerpoint I was talking about today. As I said, it is pretty basic so may not be overly helpful for your particular situation, but may be good to have for your files, if nothing else.

The following information is from my notes from the presentation:

- Are there specific resources that OPS suggests to people that address online safety?
 - o cybertip.ca
 - o protectchildren.ca
 - o needhelpnow.ca – helps people to get explicit pictures/videos removed – OVS has had success using this service with clients

Not sure if you have looked into those sites but those were what were suggested by OPS and other committee members.

Take care,

Jessica Poloz
Counsellor and Group Facilitator/Intervenante et Animatrice de groupe
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Gloucester, ON K1J 9L3
Tél: (613) 741-6025 ext. 124 FaxTélec: (613) 741-7029
JPoloz@eorc-creo.ca
www.eorc-creo.ca



** provided to Jessica Poloz
by Staff Sergeant
Francois D'Aoust of
Ottawa Police Services*

Donating that doesn't cost anyone anything!

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Donnez sans vous coûter!

Aidez-nous à amasser des fonds pour le CREO en magasinant en ligne : https://www.eorc-creo.ca/WebGiv_Fr.php



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Preventing Cybercrime and Protecting Personally Identifiable Information

1

- **Personally Identifiable Information (PII) is any information that can be used alone or with other information to identify, contact or locate a person**
 - Name, nickname, online aliases, passwords
 - Home, work, email addresses, postal-code
 - Passport, social insurance, health card numbers
 - License, credit card, bank numbers
 - Fingerprints, facial photos, handwriting
 - Other information used as account security:
 - Birthplace, mothers maiden name, wedding-date

2

- **Fraudulent solicitations**
 - Indicate problems with banking accounts, failed money transfers or unread messages to social media or
 - Emails often utilize websites that look exactly like the original, but steal your account information
- **Phone calls and text messages**
 - May demand payment via pre-paid credit cards, pay CRA with iTunes gift-cards or demand bank information for unpaid bills, taxes or expenses.
 - May use threatening language to encourage fear for quick payment

3

Fraudulent solicitations: examples

Security Alert
 2016-07-22
 Canada Revenue Agency (CRA)
 A scammer is using a fake CRA representative to contact taxpayers by phone and email. The scammer is asking for personal information and money. Taxpayers should be aware of this scam and report any suspicious activity to the CRA.

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4

[illegible]

5

- **Fraudulent applications (apps)**
 - Computer, phone apps
 - can be disguised as helpful tools while stealing your personal information.
 - Apps could contain viruses or key-loggers which log and report every keystroke which can be used to steal your account information
 - Could spy on your phone calls, your microphone or video when your phone is not in use

6

- Indirect methods
 - Social media, public or not
 - Gathering profile information: personal photos, nicknames, addresses, phone numbers, names of family members and interests
 - Groups you belong to: Banking institutions, schools and other memberships
 - Dumpster Diving
 - Going through discarded trash and recycling for personal information

7

- **Fraudulent purchases**
 - Large purchases with your credit card or banking information
 - You could be held responsible.
- **Fraudulent accounts**
 - Open credit cards, bank accounts in your name
 - Your credit could be severely impacted

8

- ▶ **Cyber-bullying**
 - Impersonation or bullying
 - Used to humiliate, embarrass, or extort
- ▶ **Identity theft**
 - Sells your identity for profit.
 - Someone else could assume your identity.
 - Try to access your banking accounts

9

How to protect PII

- › General tips
 - Use antivirus software
 - Paid tools (Symantec, Norton, BitDefender, Kaspersky, ...)
 - Free tools (Microsoft Security Tools, Lookout Security, ...)
 - Set a password on your computer and phone
 - Keep your passwords private
 - If it looks suspicious
 - Don't immediately click or respond
 - Think about the message, source and context, then act
 - Do not use abandoned USB sticks, they may contain viruses

10

How to protect PII

- › Emails and solicitations
 - Don't click on anything something that looks suspicious
 - Emails, attachments, advertisements of viruses
 - Use an email provider like Google, Yahoo, etc. that provides spam and virus protection
 - Pay special attention when they ask for PII
 - Be cautious of spoofed websites
 - If you are suspicious, search the Internet for that website and log-in normally, not through the email
 - Matters are rarely 'urgent'
 - Credible banks and sources should give plenty of time to respond

11

How to protect PII, continued

- › Social Media and online personas
 - Set your privacy settings
 - Cancel accounts you no longer use
 - Be careful what you share
 - Be careful who you 'friend'
 - Especially people you do not know.
 - Once it's online, you no longer control it.
 - Photos, tweets, and anything you share.
 - Even aliases can be used to identify you
 - People often use the same accounts for several services.

12

Ways PII can be stolen

- › Set Privacy options in Settings



13

How to protect PII, continued

- › Public Wi-Fi
 - Wi-Fi is secure when there is a password to the network.
 - Without a password, you rely on the website to protect your account information, but it won't stop eavesdropping.
 - Avoid using important accounts such as financial, government and email accounts
 - Use a Virtual Private Network
 - These are paid services to protect your internet traffic
 - Wait until you get home

14

How to protect PII, continued

- › Public Wi-Fi



15

How to protect PII, continued

- › Intimate images
 - Once you send it, you no longer have control of it
 - Could, Google Photos and other services can be hacked
 - Your phone or the recipient's phone could be compromised, lost, or stolen
 - Recipient could use this information to against you
 - Blackmail, extortion, humiliation, embarrassment, or other
 - If you chose to share, disable location and do not capture your face or identifying features
 - 'Disappearing' or 'Vanishing' messages
 - Recipient can 'Screen' or save messages even if they auto-expire.
 - This doesn't remove their existence or chance of abuse

16

How to protect PII, continued

- › Protecting documents
 - Password protect your documents
 - Office tools lets you protect changes or prevent opening
 - You can put several files in a .zip and add a password
 - Use a strong password
 - Email, text and picture messaging are not always secure
 - Only send them to people you know and who are expecting it
 - Don't send the document and the password together

17

Questions

18