

**deirdre.faff@gmail.com**

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**From:** Centre for Interpersonal Relationships <ottawa.admin@cfir.ca>  
**Sent:** November 27, 2018 11:41 AM  
**To:** Dr. Christopher Cardoso, C. Psych  
**Cc:** deirdre.faff@gmail.com  
**Subject:** Deirdre Moore

Hello Christopher,

Deirdre just stop by administration she would need to see you before you leave, can you provide her with a time? she also requested that I CC her on this email, and that if you can provide her with an answer to the letter she left you as well and if not she would like a document stating you can't answer this question in order for her to bring it to Court to show she did try to obtain the information requested.

Best Regards,  
Carine



Administration  
Centre for Interpersonal Relationships  
600-267 O'Connor Street  
Ottawa, ON  
K2P 1V3

tel: 1.855.779.2347  
fax: 613-714-1013  
[www.cfir.ca](http://www.cfir.ca)

**deirdre.faff@gmail.com**

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**From:** Deirdre Moore <deirdre.faff@gmail.com>  
**Sent:** December 14, 2018 10:02 AM  
**To:** Dr. Christopher Cardoso, C. Psych  
**Subject:** Fwd: Closing my practice in Ontario

Hello Dr. Cardoso,  
I have yet to hear back from you regarding an appointment or documentation. Would you please provide an update?  
Thank you.  
Deirdre (343) 550-6181

----- Forwarded message -----

**From:** Deirdre Moore <deirdre.faff@gmail.com>  
**Date:** Wed, 21 Nov 2018 at 14:01  
**Subject:** Re: Closing my practice in Ontario  
**To:** Dr. Christopher Cardoso, C. Psych <[christopher.cardoso@cfir.ca](mailto:christopher.cardoso@cfir.ca)>

Thank you Dr. Cardoso.  
My questions were attached to the document that I left for you yesterday along with the Overview binder. I am glad to pay you for your time. Perhaps we should meet to discuss. What appointment times would you have available this week or next?

Thank you.  
Deirdre

Sent from my iPhone

On Nov 21, 2018, at 10:51 AM, Dr. Christopher Cardoso, C. Psych <[christopher.cardoso@cfir.ca](mailto:christopher.cardoso@cfir.ca)> wrote:

Hi Deirdre,

If you want any documentation I would be happy to provide it so long as you specify what information you want in the document. Also, I will charge for time. Just let me know.

Best,

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<e1cda916.png>

On 2018-11-21 09:44, Deirdre Moore wrote:

Dear Dr. Cardoso,

I am saddened that you are moving as you have had the opportunity to see John "in action".

Are you in a position to provide your Expert Report (or even a Will-Say Statement or a letter) by December 17th? If not, would you please explain why not (given the severity of my situation)? I trust that you did receive my request and my materials yesterday.

Deirdre Moore  
(343) 550-6182

Sent from my iPhone

On Nov 20, 2018, at 8:23 PM, Dr. Christopher Cardoso, C. Psych  
<[christopher.cardoso@cfir.ca](mailto:christopher.cardoso@cfir.ca)> wrote:

Dear Deirdre,

I hope that this e-mail finds you well. I want to let you know that I will be moving to British Columbia at the end of this year for personal reasons. My final day in Ottawa will be *21 December 2018* and my professional practice in Ontario will end thereafter. You will still be able to get in touch with me if you require access to your medical records, which will stay in my possession when I move. You can reach me by e-mail at [ccardoso.phd@gmail.com](mailto:ccardoso.phd@gmail.com) for this purpose.

Until my official end date, you will still be able to book an appointment with me. Also, if you require a referral or a transfer of care to another psychologist, please let me know and I will make arrangements for you before I leave.

I am sending you my very best during this transition and thereafter.

Warm regards,  
Dr. Christopher Cardoso, C. Psych

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<e1cda916.png>



Deirdre Moore <deirdre.faff@gmail.com>

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## Expert Report and C.V. for upcoming Trial

1 message

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Deirdre Moore <deirdre.faff@gmail.com>

20 November 2018 at 11:53

To: christopher.cardoso@cfir.ca

Bcc: Deirdre Moore <deirdre.faff@gmail.com>

Dear Dr. Cardoso,

It has been a while since we have met. I have sent to you many e-mails in an effort to keep you "in the loop", but I am not sure if you received any of them as I never received any responses.

Currently, I am in the process of preparing for the upcoming trial where I intend to expose John Kiska for what he has done (and continues to do) to Sean and Cate and me for over six years.

In order to subpoena you to the trial, I must first retain a Expert Report and a C.V. from you and make it available to John's lawyer as well as the pre-trial judge. (Though you are not included in the attached endorsement, I do plan to subpoena you to testify and would like to provide Justice Engelking with your Expert Report in January along with all of the others.) Attached, you will find a list of 20 questions that I will be asking the four psychiatrists from The Ottawa Hospital who were primarily responsible for my diagnosis and care from 2013-present. I have also attached part 1 of a 2-part list of documents that I refer to as "Overview". Kindly review both parts of the Overview as well as the 20 questions so that you are in a position to provide your Expert Report.

In addition to the following questions, please include your name, position, role and contact information in your Export Report. The questions that I would like to pose to you are:

1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?
2. Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?
3. Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?
4. Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?
5. Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?
6. Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.
7. Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?
8. Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.

9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.

10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

Dr. Cardoso, if there are other questions that you feel are important for me to ask while we are in Court, please do let me know and I will revise these questions accordingly.


Are you in a position to provide your Expert Report to me by December 17, 2018? Please do let me know at your earliest convenience.

Thank you for your help. (Overview - Part 2 of 2 will follow)  
Deirdre Moore  
(343) 550-6181

ps. I will drop off a printed version of these documents as soon as possible.

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**3 attachments**

 **20 Questions for Psychiatrists.pdf**  
288K

 **20181017 Engelking Endorsement.pdf**  
794K

 **20181113 Overview part 1 of 2.pdf**  
13352K



Deirdre Moore <deirdre.faff@gmail.com>

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## Overview - part 2 of 2

1 message

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**Deirdre Moore** <deirdre.faff@gmail.com>

20 November 2018 at 11:55

To: christopher.cardoso@cfir.ca

Bcc: Deirdre Moore <deirdre.faff@gmail.com>

As per previous e-mail, please see attached.

Thank you.  
Deirdre



**20181113 Overview part 2 of 2.pdf**  
12606K

Excerpt from OCL report \*  
dated July 18, 2018

**Dr. Cardoso** has been involved with the parents, who have attended 8 or 9 sessions. The couple started their sessions March 27, 2018. According to Dr. Cardoso, Ms. Moore self-referred. The parents had different goals: Ms. Moore wanted Dr. Cardoso to "covertly assess" Mr. Kiska as a psychopath, while Mr. Kiska's goal was to work on the couple's communication and co-parenting.

Dr. Cardoso is of the opinion that Ms. Moore is stuck in a "loop" and feels she is persecuted by Mr. Kiska. Dr. Cardoso feels this may be residual from Ms. Moore's "psychotic breaks". The relationship between Mr. Kiska and Ms. Moore is described as "toxic" by Dr. Cardoso. It marred with stone walling and defensiveness.

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Ms. Moore appears to make progress within the sessions but Dr. Cardoso is of the opinion that she often regresses once she leaves. Ms. Moore presents as wanting to engage but there appears a capacity issue, as she reverts to "persecutory ideas" with a "delusional flavor".

With regards to "gaslighting", Dr. Cardoso stated that "there might be a kernel of truth but it is difficult to flush out". He feels that the mother is struggling with her "initial wound" and has difficulty seeing her role in the couple's conflict. Dr. Cardoso describes the couple's conflict as "legal warfare" and adds that this adds tension to the relationship and tension in to the homes. "This warfare is not useful". There are moments in the couple's relationship that are positive, but that then get impacted with the "barrage of emails and the accusation of being a psychopath" on the part of Ms. Moore towards Mr. Kiska.

A treatment team approach is the recommendation Dr. Cardoso feel may support Ms. Moore at this time. She is emotionally expressive in the sessions and engages in the process with slight flexibility. He acknowledges that this couple is highly intelligent and loves their children very much. "The family needs to come together and heal with the transition, and learn to navigate and communicate amicably". He adds that he is pleased to have the couple continue with the sessions.

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\* Dr. Cardoso had not reviewed any medical files or other documents provided by Moore when he provided these opinions to Katherine Bobula of the OCL.

Feildie Moore

10:47 AM

12/19/18

Accrual Basis

**Centre For Interpersonal Relationships**  
**Invoices for MOORE, Deirdre & KISKA, Jonathan**  
**All Transactions**

| <u>Num</u>   | <u>Date</u> | <u>Due Date</u> | <u>Aging</u> | <u>Amount</u>   | <u>Open Balance</u> |
|--------------|-------------|-----------------|--------------|-----------------|---------------------|
| 108386       | 11/08/2018  | 11/08/2018      |              | 210.00          |                     |
| 94953        | 06/25/2018  | 06/25/2018      |              | 210.00          |                     |
| 94311        | 06/18/2018  | 06/18/2018      |              | 210.00          |                     |
| 93523        | 06/11/2018  | 06/11/2018      |              | 210.00          |                     |
| 91988        | 05/24/2018  | 05/24/2018      |              | 210.00          |                     |
| 91181        | 05/15/2018  | 05/15/2018      |              | 210.00          |                     |
| 90279        | 05/07/2018  | 05/07/2018      |              | 210.00          |                     |
| 88998        | 04/24/2018  | 04/24/2018      |              | 210.00          |                     |
| 87699        | 04/10/2018  | 04/10/2018      |              | 210.00          |                     |
| 86395        | 03/27/2018  | 03/27/2018      |              | 210.00          |                     |
| <b>Total</b> |             |                 |              | <b>2,100.00</b> | <b>0.00</b>         |



## Deirdre Moore

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**From:** Deirdre Moore <deirdre\_cfa@icloud.com>  
**Sent:** May 11, 2018 9:19 AM  
**To:** christopher.cardoso@cfir.ca  
**Subject:** Fwd: Areas to re-visit next week.

Actually, the more I think about it, the more I think I screwed up the whole arrangement completely.

Dr. Kingston recommended CFIR for a family assessment. (I am not sure if you know this or not ... I have been diagnosed by TOH with Psychosis NOS which was fine-tuned by Dr. Jackson after two years of sessions and a series of tests to Brief Psychotic Disorder.) John has never been assessed and this is what I was looking for. CIPR reception was provided with the whole story and you were one of the psychologists recommended.

In speaking with Dr. Jackson, she says that you would not be allowed to do a family assessment now if you are actually providing couple therapy which, it seems, is actually what you are trying to do.

I think that perhaps, somewhere along the way, "you didn't get the memo", no offence.

John is, at a minimum, a pathological liar and, in my view, a psychopath.

How do I co-parent with a pathological liar who refuses to provide adequate financial support?

I've been assessed six ways from Sunday .. so you asking me about my childhood? It's weird. If you perceived a lot of dumb-struck looks from me last week, you perceived correctly.

Interested in understanding next steps.  
Thank you.  
Deirdre

Sent from my iPhone

Begin forwarded message:

**From:** Deirdre Moore <deirdre\_cfa@icloud.com>  
**Date:** May 11, 2018 at 8:37:42 AM EDT  
**To:** christopher.cardoso@cfir.ca  
**Subject:** Areas to re-visit next week.

Hi Dr. Cardoso.

Hi would to take the opportunity to clarify a couple of things before the next session as I was exhausted on Monday didn't express myself very clearly.

#1: Your question "When was the last time you felt something?" I interpreted as "When was the last time you EXPRESSED your feelings". Those are very different questions. Obviously I feel stuff all the time but don't have much opportunity to express it because of the massive smear campaign and know one wants to hear about my feelings.

#2: "When do you feel that your relationship started falling apart?" My position is, quite clearly, there obviously never was a real relationship. What kind of husband knowingly

has his wife hospitalized for a disease he knows she doesn't have + lies to psychiatrists to keep her in there for 2 months? So, I think your question is a tad irrelevant.

#3 When I told you that Kiska was studying bi-polar and narcissist books so he could feed the doctors symptoms, you said "it doesn't work that way." Dr. Cardoso, as I said, it absolutely DOES work that way and I have the medical files to prove it. How else does a psychotic person get diagnosed if not for total reliance on information from family members? Have you ever worked in a hospital environment?

So, I think we should re-visit your line of questioning again next week. As I said, I was absolutely exhausted on Monday and didn't pick up on the subtle nuances of your questions/comments.

In closing, I also find the fact that we can't discuss Kiska's lack of financial support weird. He makes \$175,000/year and pays me \$24,000 after 20 years?? Then he sits there and cries when he "feels sad"??

I know why I sought you out. I am losing confidence that YOU know why I sought you out.

See you on Tuesday.  
Deirdre

Sent from my iPhone