

Dr. Victor Uwaiso,

January 7, 2025

re: My diagnosis, treatment & discharge plan

Thank you for taking the time to meet with me yesterday, however, I don't think you fully comprehend my situation. I have been attempting to divorce a covert, malignant narcissist (ie. a high-functioning sociopath) since 2013. During those 12 years, I have endured multiple episodes of Abuse-induced Defensive Dysregulation¹ and I have learned how to avoid repercussions of that heightened state of fear; and, one of my techniques requires a CNS-depressant.

As my husband's wickedness knows no bounds — and his "recruitment" of allies remains seemingly endless — our never-ending divorce proceedings have reached a scandalous level that now implicates many high-profile individuals including, but not limited to the Mayor of Ottawa (Mark Sutcliffe), the Attorney General of Ontario (Doug Downey) and the Premier of Manitoba (Wab Kinew). To comprehend how these individuals are implicated requires familiarity with multiple pieces of legislation including the federal Divorce Act, the federal Evidence Act; the provincial Courts of Justice Act and Child Youth and Family Services Act; Manitoba's Mental Health Act; and, Canada's Crown Attorney's Act, Charter of Rights and Freedoms and — most importantly — our Criminal Code.

In other words, I have transitioned from:

↳ a victim of domestic violence to an advocate² for the importance of developing mental fortitude and resilience to a whistle-blower on court-enabled organized crime to an investigative journalist who publishes evidence-laden allegations against very powerful people.

As I continue to raise awareness of Canada's "Symbiotic Economy"³, the threats received from those who benefit from TIPCU⁴ have increased in both intensity and frequency. Accordingly, I approached the Niagara Falls hospital on 20250104 seeking a prescription for a CNS depressant prn ... in case one is required as I embark upon one of my bravest campaigns yet — an investigative journalism contest⁵.

Dr. Uwaiso, as well as my journalism contest and my continued attempt to divorce the sociopath, I have two important court appearances for which I must prepare: they are scheduled for 20250109 and 20250110. While I appreciate the safety provided by the hospital — and, the opportunity to physically recover from the accumulated physical stress of hauling 150 lbs of evidence and materials everywhere — the hospital's "no off-word privileges" policy renders it impossible for me to accomplish anything.

Kindly provide to me the prescription requested on 20250104; and, arrange for my transfer to a Safe Beds facility until I am able to secure short-term accommodations within the Niagara Region, meet with law enforcement and have my legal matters transferred out of the cesspool of crime that is our capital of Canada — Ottawa, Ontario.

PS. If my testimony is difficult to believe/comprehend, I have a copy of

Dr. Iris Jackson's report and our 2024 correspondence with me. TM

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¹a better term than "Brief Psychotic Disorder with marked stressors; and, one which should be introduced in the DSM-6 ²by joining the CMHA Board, starting a company, etc. ³some details at www.x.com via @CaeJak ⁴that is, Trafficking In Persons Cover-Up Policy ⁵Already published at www.twb.rocks/UPIG/contest/announcement.