

MR# M001506667

Account # V00007994803

Report# 0325-1446 *Received*

**ERIE COUNTY MEDICAL CENTER CORPORATION**

**BH-Treatment Plan**

462 Grider St., Buffalo, NY 14215  
(716) 898-3000

*8250327 10:20  
from nurse Beth  
7m*

Patient's Name Moore, Deirdre

Report# 0325-1446

Date of Birth: 09/28/1965

Attending Physician: FOX, BRENN A E PMHNP

Dictating Provider: FOX, BRENN A E PMHNP

Primary Provider: NO PRIMARY CARE PROVIDER

MR#: M001506667/Account #: V00007994803

Age/Sex: 59/F

Admission Date/Time: 03/22/25 1035

Admitting Service: PSYCHIATRY & BEHAVIORAL HEAL

Dictating Date/Time: 03/25/25 1618

**BH Treatment Plan**

**Indiv. Crisis Prevention Plan**

Make pt scared, upset, angry:

"my ex-husband framing me for the murder of my children" <sup>1</sup>

How staff knows scared/upset:

tell them <sup>2</sup>

What helps you relax in crisis:

PRNs <sup>3</sup>

Who to be involved in a crisis:

No one <sup>4</sup>

Do you prefer: Medication by Mouth <sup>5</sup>

Preference if situation arises: Seclusion <sup>6</sup>

**RN/MD Treatment Plan**

In pt's words, why admitted:

"seeking a PRN for a CNS depressant due to an orchestrated situation  
giving me heightened anxiety because of a very bad man who triggeres me" <sup>7</sup>

In pt's words, goals for tx:

"to get CNS depressant and have someone call CRA to get my 50,000\$ check" <sup>8</sup>

SI/HI, violent/self-inj beh.:

Deirdre denies SI/HI at this time <sup>9</sup>

**BH Problem #1**

**Behavioral Problem #1: Psychotic Symptoms**

**As Evidenced By:**

Deirdre is experiencing homelessness, inability to support herself,  
paranoid thoughts about someone "after" her and hyperverbal, rambling  
speech. <sup>10</sup>

**Long Term Goal(s):**

Dierdre will verbalize and demonstrate to staff a reduction in psychotic  
behaviors such that they do not negatively affect his/her daily life <sup>11</sup>

Dierdre will demonstrate to staff that hallucinations and/or delusions do  
not compromise pt's safety, and that of others <sup>12</sup>

**Anticipated date for LTG:** Apr 7, 2025

**Short Term Goal(s):**

Dierdre will demonstrate to staff a decrease in response to internal  
stimuli <sup>13</sup>

Dierdre will verbalize and demonstrate that hallucinations and/or  
delusions do not interfere with

reality <sup>14</sup>

1.003

Dierdre will engage staff in reality-based conversations, each shift while awake, **15**

Dierdre will verbalize to staff that he/she is experiencing a reduction in A/V hallucinations **16**

Dierdre will acknowledge with staff the presence of delusional thoughts, and the understanding that they differ from reality, **17**

Dierdre will verbalize and demonstrate to staff a reduction in paranoia-based thoughts and actions **18**

Anticipated date for STG: Mar 31, 2025 **19**

**RN/MD Interventions:**

Provide 1:1 interaction with Pt to allow him/her to verbalize thoughts and feelings. **20**

Assist/encourage Pt to perform ADL's when needed. **21**

Encourage Pt to participate in therapeutic groups and activities as tolerated. **22**

Encourage Pt to attend and actively participate in groups that educate Pt about his/her

diagnosis, symptoms, and treatment. **23**

Administer prescribed medications per MD orders and hospital protocols, assess and monitor **24**

for effects (therapeutic/side), and report acute changes to MD as needed. Assess quality and quantity of sleep to measure the amount of rest he or she is getting nightly. **25**

Assist with and encourage measures to promote nightly sleep such as: warm non-stimulating

beverage, relaxation tapes, soft music, and a light snack as needed. **26**

Status of Goal(s): New **27**

**BH Problem #2**

**Behavioral Problem #2:** Acute Manic Symptoms

**As Evidenced By:**

Dierdre's speech is hyperverbal, elevated and grandiose **28**

**Long Term Goal(s):**

Dierdre will demonstrate to staff an ability to interact in a social setting without intrusive behaviors **29**

Dierdre will verbalize to staff the importance of prescribed medication compliance, and the need to avoid illegal substances, for the successful management of symptoms **30**

Dierdre will demonstrate to staff stabilization in mood **31**

Dierdre will verbalize to staff an understanding of illness by acknowledging signs and symptoms of bipolar disorder, as well as a need to comply with treatment **32**

Anticipated date for LTG: Apr 7, 2025

**Short Term Goal(s):**

Dierdre will verbalize to staff ways to manage stress levels in order to reduce explosive episodes **33**

Dierdre will demonstrate to staff that manic behaviors do not interfere with activities of daily living **34**

Dierdre will demonstrate to staff that symptoms of mania have decreased to a point where safety is not compromised **35**

Dierdre will verbalize to staff an improvement in mood **36**

Dierdre will verbalize to staff the he/she is experiencing a reduced level of anxiety **37**

**Anticipated date for STG:** Mar 31, 2025

**RN/MD Interventions:**

Allow for 1:1 interaction so Pt can express feelings and frustrations, and RN can provide support

and feedback. **38**

Provide strict limits, and provide positive reinforcement and support for following unit rules

and routine. **39**

Assess sleep for quantity and quality to measure amount of rest Pt is getting nightly. **40**

Administer medications per MD orders and hospital protocols, and monitor for

therapeutic/side/adverse effects, reporting acute changes to MD as needed. **41**

Assess mood per MD ordered level of observation and PRN to maintain safety. **42**

Assist Pt to develop and utilize techniques such as sensory modalities in order to help selfregulate. **43**

**Status of Goal(s):** New

### **Chronic/Stable Medical Problem**

**Chronic/Stable Medical Problem:**

n/a **44**

## **II Social Work/Discharge Planning**

### **Admission Disposition**

**Address Ver./Placement Comment:**

1244 Lampman Crescent, Ottawa ON K2C1P8 **45**

### **Strengths/Challenges**

**Strengths/Protective Factors:** Education, Hygiene/ADL's, Language, Motivation, Non-Smoker, Physical Health, Receiving Clinical Care, Religion/Spirituality, Self-Esteem, Support from Health Care **46 a)**

**Strengths/Protective Comments:**

Deirdre is currently receiving clinical care at ECMC to work towards **46 b)** stabilization. Pt has family support and education. **47**

**Challenges/Risk Factors:** Anxiety, Coping Skills, Financial Stability, Housing Stability, Major Life Changes, Manic Symptoms, Psychosis, Relationships **48**

**Challenges/Risk Comments:**

Deirdra presented to ECMC exhibiting sx consistent with psychosis. Pt **49**

lacks insight into MH sx. 50

**Outpatient Linkage**

Current/Recent Outpatient Link:  
None at admission. 51

**Care Coordination**

Care Coordination/Peer Support:  
None at admission 52

Care Manager name: N/A 53

Care Manager telephone number: N/A 54

Health Insurance Coverage: Other Health Insurance 55

Income/Insurance/Entitlements:

Self Pay Insurance 56

**Substance Use**

Your Audit-C Score: 4 57

**Medical & Home Services**

Medical Providers:

None at admission. 58

**Problem #1**

Problem #1: Psychosis

As Evidenced By:

Deirdre presented to ECMC voicing delusional thought content. 59

Long Term Goal(s) for Problem:

Deirdre reports she will decrease frequency and intensity of psychotic episodes by engaging in reality-based conversations as evidenced by self-report and staff observations. 60

Anticipated date for LTG: Apr 1, 2025

Short Term Goal(s) for Problem:

Deirdre reports she will be able to identify psychosis warning signs and be able to identify 1-3 coping skills and/or supports to manage sx as evidenced by self-report and staff observations. 61

Anticipated date for STG: Mar 31, 2025

Interventions to Reach Goal(s):

SW will assist patient to identify diagnosis, medications, symptoms/early warning signs, stressors/triggers, coping skills people and places for distraction, people to ask for help, what others can do to keep patient safe, providers/community resources, ways to stay stable/healthy, positive qualities, and reason to stay healthy/future goal. SW will engage patient in brief reality based interventions; provide individual supportive therapy as needed/desired; encourage attendance and participation in groups and activities offered on the unit. 62

Status of Goal #1: New

**Problem #2**

Problem #2: Substance Use

As Evidenced By:

EMR indicates pt had a positive tox for ETOH. 64

Long Term Goal(s) for Problem:

Deirdre reports she will identify 2 positive outcomes of abstaining from substance use, as evidence by self-report and staff observations. 65

Anticipated date for LTG: Apr 1, 2025

Short Term Goal(s) for Problem:

Deirdre reports she will identify 1-3 ways substance use impacts her mental health and physical health and identify coping skills to decrease

urge to use, as evidence by self-report and staff observations. 66

Anticipated date for STG: Mar 31, 2025

**Interventions to Reach Goal(s):**

SW will ask patient about past and recent substance use pattern 67

SW will advise patient to abstain or reduce substance use and will provide education to increase knowledge of the addiction and process of recovery 68

SW will assess patient's readiness and willingness to abstain or reduce substance use (motivational interviewing, stages of change) 69

SW will assist the patient in increasing their motivation and ability to abstain and/or reduce their substance use (motivational interviewing, CBT, Relapse prevention planning) 70

SW will arrange appropriate follow up care related to substance use. 71

Status of Goal #2: New

**Recreational Therapy**

**RT Treatment Plan**

72

~continue on next page~

## ~ Signature Page ~

for Deirdre Moore

Treatment Plan Revision Date: 3/25/25

Patient: \_\_\_\_\_  
Signature Date

RN: \_\_\_\_\_  
Signature Date

LMHC: \_\_\_\_\_  
Signature Date

SW: \_\_\_\_\_  
Signature Date

DP: \_\_\_\_\_  
Signature Date

MHW: \_\_\_\_\_  
Signature Date

OT: \_\_\_\_\_  
Signature Date

RT: \_\_\_\_\_  
Signature Date

FAMILY: \_\_\_\_\_  
Signature Date

MR# M001506667

Account # V00007994803

Report# 0325-1446

FOX,BRENNA E PMHNP

Mar 25, 2025 16:18

Attn Physician: FOX,BRENNA E PMHNP

<Electronically signed by BRENNNA E FOX PMHNP>, 03/25/25 1618

**<Electronically signed by MICHAEL T GUPPENBERGER MD>, 03/25/25 2201**

PC Physician: NO PRIMARY CARE PROVIDER

Ref Physician:

Copies To:

~

1.009