

SPEAR IT

How to Write a Prayer to Him

(20260718) New to being a follower of Jesus myself, I was a little taken aback when “Josh”¹—also newly aware—asked me to write a prayer for him. I hadn’t yet fully developed my own habit to recite the Lord’s Prayer² daily, give thanks, praise or anything else, let alone know how to write a prayer for someone else. Feeling both obligated and worried, that night I asked for help during a short evening prayer. The next morning, I couldn’t write it down fast enough. Suffice it to say that Josh was extremely grateful as the prayer produced resonated, specifically, with him. Clearly, I was merely [a scribe] that morning: there was no way that I was in a position to draft that prayer for Josh on my own.

Nearly two years later, sharing my gratitude and seeking assistance from Him has become far more comfortable (and habitual). After my morning [reality-referenced]³ recital of the Lord’s Prayer, I also thank Him for:

- a) my mobility, such as it is⁴,
- b) my unshakeable purpose⁵ and
- c) my rock-solid conviction⁶;

however, my ability to “write a prayer” had remained relatively dormant. Recently—while attending a drop-in center class⁷—I was impressed by author Sarah Young’s Scripture-based prayer, shared by center employee Sheila on 20260709⁸.

Not one used to asking for much, I’ve finally outlined an important request and will be asking Him for assistance maintaining and fortifying:

- a) my belt of Truth (when being 55’d over and over by strangers⁹),
- b) my breastplate of Righteousness¹⁰ (especially when surrounded by witches and Masons),
- c) my sandals, prepared with the gospel of peace¹¹,
- d) my shield of Faith¹²,
- e) my helmet of Salvation¹³ and
- f) my sword of the Spirit¹⁴.

Why? Given Saint Paul’s message to the Ephesians at 6:13:

“... that ye may be able to withstand in the evil day, and having done all, to stand.” (KJV)

and that which I’ve seen since 2019¹⁵, I think I’m going to need it.

Image to be inserted

¹ Josh was not his real name and is used here to protect his anonymity

² See gospel of Saint Matthew 6:9-13 (KJV, which does not delete the second part of 9:13 “For thine is the kingdom, and the power, and the glory, forever...”)

³ For example, when reciting (insert X) ... I recall (insert Y).

⁴ Though a fraction of the fitness level I had attained by 2019, I continue to enjoy mobility that others no longer have. While I aspire to [insert Armor of God-related goals and introduce draft article “Did God Create Cancer?” stored at <https://twb.rocks/living/spirit/acknowledging-his-gifts-deirdre-moore-sean-kiska-cate-kiska/did-god-create-cancer>].

⁵ Including, but not limited to, finishing 25 Q&A cards for “Meaningful Quest” (see [insert link](#)) so the prototype can be tested.

⁶ Work-in-progress testimony is stored at <https://twb.rocks/living/spirit/satans-little-season/beast-system/testimony>

⁷ Still displaced as I enter my 14th year attempting to divorce a [sociopath] (see <https://twb.rocks/archives/y2026/m202607/2026-07-22>), I’ve been blessed to attend a number of classes at Nashville, Tennessee’s “Room In The Inn” as outlined at <https://twb.rocks/riti/activity-dm>

⁸ See Images x-y) at <https://twb.rocks/living/spirit/prayer-01>.

⁹ “55” is code for “question”; as in, bombard with questions as a group to develop a profile/gain intelligence/etc. As a Targeted Individual

(“TI”), gang-stalking networks (see details at <https://twb.rocks/gang-stalking> are ordered to “55” me often (eg. via a shout of “Wrong Room” > “W room” > “V V moor[e]” or ... **55 Moore**. For a partial introduction to hostiles, see (insert link).

¹⁰ See introduction to this challenge partially addressed in #twbROCKS #KaraokeCover tune “Sharing the Truth with you Crew” at <https://twb.rocks/mummygate/rolling-credits/sharing-the-truth-with-your-crew>

¹¹ Especially for those who remain fully deceived as reminded by Luke 6:32 and attempted via draft article “Hug a Satanist” stored at <https://twb.rocks/living/spirit/hug-a-satanist>.

¹² Faith being a spiritual gift (see 1Corinthians 12:9) and not merely some “belief”

¹³ Being well-versed in Salvation-related Scripture is of particular importance to me given the severe repercussions from believing some false doctrine that’s infiltrated churches. More soon at <https://twb.rocks/living/spirit/bible-bingo>.

¹⁴ Provided via our God-inspired Scripture, despite the obvious “errors” such as the literal deletion of Matthew 17:21 by the NIV and the ESV and the swapping in of “harmless” for “innocent” in KJV’s Matthew 10:16.

¹⁵ See work-in-progress photo-journalism efforts being stored at <https://twb.rocks/living/spirit/satans-little-season/cities>.